

TRUST List

Please watch the training video. Then write down as many things as you can that you know you have absolute trust in. Your statements could start with “I know” or “I’m certain” or “I have absolute faith that...”. *[10 minutes]*

1.	11.
2.	12.
3.	13.
4.	14.
5.	15.
6.	16.
7.	17.
8.	18.
9.	19.
10.	20.